

## **Mental Health Resources**

### **Emergency Numbers:**

Suicide Prevention Hotline	(415) 781-0500
Westside Crisis Clinic	(415) 355-0311
San Francisco General Hospital/Psychiatric Emergency Services	(415) 206-8125

### **Providers That Offer Services On A Sliding Scale**

Affiliated Psychological Services Center – 946 Irvin St., S.F.	(415) 759-7924
Alternative Family Project – 425 Divisadero St., S.F.	(415) 436-9000
Bay Area Depression & Anxiety Center – 1054 Noe St., S.F.	(415) 255-2090
Bayview Hunter’s Point Foundation – 4302 Third St., S.F.	(415) 648-5785
Buena Vista Counseling Institute – 801 Portola Dr., S.F.	(415) 661-2200
California Counseling Institute – 4614 California St., S.F.	(415) 752-1702
Catholic Charities Counseling Services	(650) 295-2160
California Medical Center- Psychiatric Services	(415) 600-3247
Center for Somatic Psychotherapy (Clement Street Counseling)	(415) 221-9227
Integral Counseling Center - 2140 Pierce St., S.F.	(415) 776-3109
Marina Counseling Center – 2137 Lombard St., S.F.	(415) 563-2137
New Leaf (Gay, Lesbian & Bisexual) – 1390 Market St., S.F.	(415) 626-7000
Noe Valley Counseling Center – 1782 Church St., S.F.	(415) 648-2644
Richmond Area Multi Services – 3626 Balboa St., S.F.	(415) 668-5955
CIIS Psychological Services Center – 1453 Mission St., S.F.	(415) 575-6200
North Berkeley Women’s Counseling Center (510) 869-4807 1940 Virginia St., Berkeley	(510) 869-4807

CSPP Psychological Services Center	(510) 486-0804
UC Berkeley Psychology Clinic 2250 Tolman Hall #1650, Berkeley	(510) 642-2055
Wright Institute Clinic – 2728 Durant Ave., Berkeley	(510) 548-9716
Women’s Therapy Center	(510) 524-8288

### **Other Information and Referrals**

1. If you think you might be eligible for County Mental Health Services, call County Mental Health Access: **(415) 255-3737 or 1-888-246-3333 or TDD 1-888-484-7200**  
If you are in emotional crisis, call the Westside Crisis Clinic at **(415) 353-5050**. After 7 pm, call Psychiatric Emergency Services, San Francisco General Hospital at **(415) 206-8125**
2. The San Francisco Depressive and Manic Depressive Association (SFDMDA) provide support groups, information and education for people with mood disorders and their family and friends. Call **(415) 995-4972**
3. Haight-Ashbury Psychological Services provides individual family and group counseling on a sliding scale. **2166 Hyde Street (415) 221-4211**
4. The Northern California Psychiatric Society can tell you about practice specialties and MDs who offer a sliding scale. **(415) 334-2418 Ext. 106**
5. The San Francisco Psychological Association offers free information and referrals. Their services are multi-lingual and confidential **(415) 681-3063**
6. Helplink gives free information on various self-help groups in the Bay Area. **(415) 772-4357**
7. Therapy Network Provides referrals. Call **1-800-500-1781 or (415) 974-9779**